



St. Helens
Elementary
Longview, WA
October 2017

Ms. Reid's Classroom Newsletter

News from Ms. Reid:

The month of October is a very exciting time in kindergarten!!! We have been working so hard, and are growing so much as a classroom family!! We are continuing to learn letter names, sounds and are starting our sight words!! We are beginning to write and read words! In math, we are identifying numbers 1-10, and are beginning to count objects and cubes. Through our calendar, we are learning patterning, and ten frames. I am so excited about the growth of my students!

Best wishes,
Ms. Reid

Important Dates:

- October 4th: Picture Day!
- October 12th: Fire Station Field Trip
- October 13th: No School
- October 19th: Lit Night

Contact
Ms. Reid
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October 17' Counselor's Corner

Dear Families,

As the year progresses, some students are experiencing more upset during their school day. This can be the result of different things such as increased academic rigor, an argument with a friend or maybe a challenging recess time. One important tool that students can use during moments of upset is the Safe Place. Every classroom has a Safe Place and it is meant to be a space that students can go when they're having upset. After going to the Safe Place they have time to go through the steps of: I Calm, I Feel, I Choose and I Solve. Please join us in encouraging your student to practice taking a break and calming themselves. This will help keep their brain in the best possible state for learning. Practicing this at home will help strengthen this important skill for success at school. We hope that the habit of taking a break will lay the foundation to a positive school year.

Reminder:

Every Wednesday is early release!!
School gets out at 2:00

Please make sure your student's name is in their backpack, lunch box, and coats!

